



**The Hands Up Foundation** is a young and innovative charity which was set up by four British friends. Most of us hear the word 'Syria' and think of those news headlines (seen all too often) with grim statistics and desperate images of war. For us 'Syria' means something different, it is the noise, colour and scent of spice souks, the birthplace of modern civilisation and the definition of hospitality. Inspired by our time in Damascus and united by a sense of sadness at the conflict, we want to remind our friends in Syria that they have not been forgotten. Hands Up raises money and awareness through creative fundraising, including the [Syrian Supper Club](#), [MarmalAid](#) and [Singing for Syrians](#).

The money we raise is implemented by our partner organisations on the ground. Where possible these projects are inside Syria and run by Syrians. Sustainability forms the basis of all the projects we choose, which is why we focus on funding salaries and long-term work in health and education. All the projects we fund are monitored regularly and designed to have maximum impact for those in need.

We have witnessed first-hand the positive effect of direct aid in Syria. We hope that the Syrians we support will contribute to rebuilding and making their country, once again, a place where people can live in peace.

**In 2017, amongst other projects, we are supporting three that we are very proud of:**

#### **Medical Salaries – district of southern Aleppo – £174,000**

The need for medical aid in Syria is vast, especially for the 15 million civilians still in the country. Hands Up, in partnership with SAMS ([Syrian American Medical Society](#)), supports a primary health clinic. Over the course of a year we are funding the salaries of 21 staff, including a GP, a paediatrician, a midwife, nurses and guards. In addition, we will cover the costs that make these jobs possible: fuel, stationary, vehicles etc. Hands Up receives monthly timesheets and pay-slips from the staff to insure the funding is delivered appropriately.

#### **Prosthetic Limbs – Syrian, Turkish border - £50,000**

We have supported the National Syrian Project for Prosthetic Limbs (in partnership with [Syria Relief](#)) for the last three years. They run 3 clinics: one in Reyhanli, on the Turkish border, and two inside northern Syria. Our funding pays for costs including staff salaries, materials, rent and fuel as well as patient treatment. The average cost of a limb is £380 and this programme is designed to get people back to work, restore dignity or simply allow patients not to feel helpless at home. These clinics have been in place since 2013 and produce and fit around 100 prosthetics per month, with no charge.

#### **Education – northern rural Homs - £83,333**

Syrian children under six have only ever known a country with a civil war, those older may or may not have been lucky enough to go to school. We're partnering with [Emissa](#) to fund the materials, supplies and meals for three schools, attended by over 900 children for an academic year. Funding for this area of Homs countryside has been limited as it is no longer an "emergency education setting" for many aid organisations. Like many besieged areas of Syria, the residents are now settled rather than newly-arrived internally displaced people, which makes the need for continuing to provide education services all the more pressing.

For more, please visit [www.handsupfoundation.org](http://www.handsupfoundation.org) or contact us here on [contact@handsupfoundation.org](mailto:contact@handsupfoundation.org)

Donations can be made [online](#) via our website or cheques made out to

The Hands Up Foundation (charity no. 1156491) and sent to 20 Jerusalem Passage, London, EC1V 4JP



@handsupfoundation



@syriansupperclub



@handsupfound

